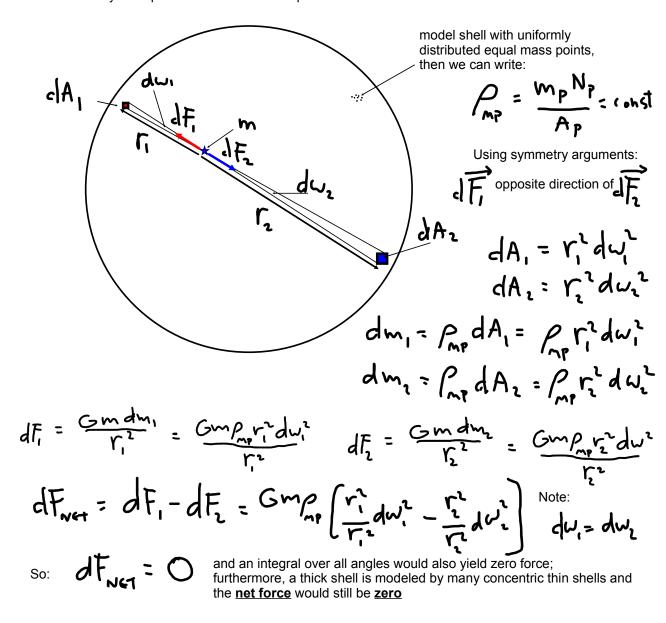
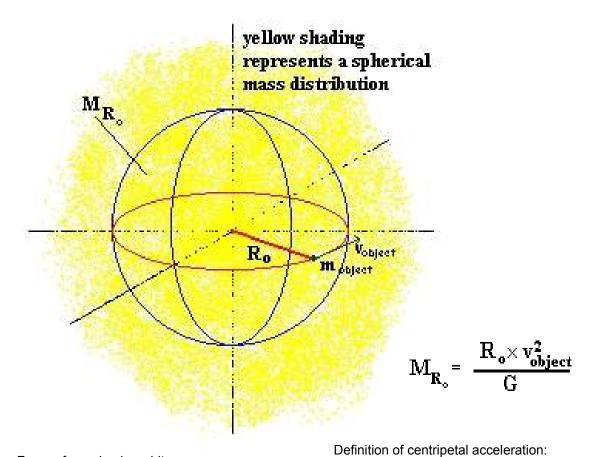
Gravitational effect of an "external" spherical mass distribution on a concentric spherical region at the center of the spherical mass distribution:

Case of a very thin spherical shell on a mass point inside the shell:





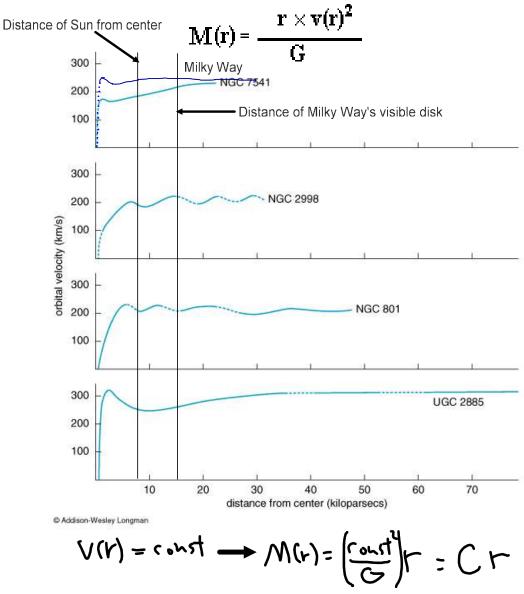
Using F = ma for a circular orbit:

$$M_{object} Q = GM_{K_o}M_{object}$$

$$Q = Q_c = \frac{V_{object}}{R_o}$$

$$V_{object} = GM_{K_o} \longrightarrow M_{K_o} = \frac{V_{object}}{R_o}$$

$$M_{K_o} = \frac{V_{object}}{R_o}$$



Note that the "flat" rotation curves for most disk galaxies imply much more mass than the mass contained in the visible stars of the galaxies.